



Bereavement Policy

Member of Staff responsible: Sophie Smart

Ratified by Governors: June 2020

Next Review Date: June 2023

Review Cycle: Three years

1 in 29 pupils aged five to sixteen-years olds has been bereaved of a parent or sibling –. Many more are bereaved of a grandparent, relative, friend or other significant person. Within a school community there will almost always be some pupils who are struggling with bereavement – or sometimes the entire school community is impacted by the death of a member of staff or a pupil. (www.childbereavementuk.org)

At Bush Hill Park Primary School, we understand that bereavement is faced by members of our school community at different times, whether this is the death of a family member, a friend or a member of the school community. We understand the importance of providing support to pupils, staff, parents, governors and the wider school community during and after bereavement.

This policy provides a framework whereby support is provided and outlines how the school will respond to these sensitive situations.

1. Guidance & framework

- This policy has been created with due regard to the following guidance:
- Child Bereavement UK (2018) 'Schools' Information Pack'
- Winston's Wish (2019) 'A Guide to Supporting Grieving Children and Young People in Education'
- Winston's Wish (2019) 'A Strategy for Schools: Positive Responses to Death'
- Samaritans (2017) 'Help When We Needed it Most'

2. Roles and responsibilities

The governing board will be responsible for:

- Overseeing the implementation of this policy.
- Reviewing this policy with the headteacher on an annual basis to ensure its effectiveness.

The headteacher will be responsible for:

- The overall implementation of this policy.
- Liaising with external agencies, as appropriate.
- Informing governors and staff when a death occurs and arranging for pupils to be informed, as appropriate and with approval from the family.
- Being the first point of contact for staff, pupils and parents directly involved in the death, or designating this role to another appropriate member of staff.
- Responding to any enquiries from the media or the wider school community, or appointing a member of staff to undertake these duties.

- Ensuring staff have the necessary training to support bereaved pupils and to deliver sensitive news.
- Liaising with the media as and if required.
- Monitoring media and social media activity regarding the death.
- Respecting the family's wishes in relation to what information can be provided to the media.

Pastoral staff will be responsible for:

- Undertaking bereavement support training and conducting in-school training to share their knowledge with other staff.
- Supporting the headteacher in carrying out the procedures outlined in this policy.
- Supporting staff, pupils and parents following a death, as directed by the headteacher.
- Supporting other staff members with communicating the news of a death.
- Making referrals for pupils, staff and other members of the school community to receive support.

All staff members will be responsible for:

- Undertaking any bereavement support training arranged by the headteacher or pastoral staff.
- Seeking support from pastoral staff as appropriate.
- Supporting their colleagues and pupils following a death, as appropriate.

3. The initial response

If the death of a pupil's family member occurs while the pupil is at school, a member of the pupil's family will be asked to come to the school to inform the pupil of what has happened and to take them home. If this is not possible, arrangements will be made for 2 members of staff to take the pupil home.

- The headteacher will contact any other agencies as required, e.g. the police.
- The headteacher will decide if any temporary variation needs to be made to the school timetable, e.g. rearranging or cancelling certain lessons.
- In the event of the death of the headteacher, the deputy headteacher will be responsible for the duties outlined above.

4. Informing staff and governors

- Staff and governors will be informed of the death before pupils.

- All staff and governors will be invited to a meeting by the headteacher as soon as practicable.
- Absent staff and governors, including part-time staff, will be identified so they can be informed as soon as possible. If it is not possible for absent staff to be told in person, a phone call will be arranged.
- Any information provided to staff and governors during the meeting will have prior approval from the family.
- During the meeting, the headteacher, with the support of pastoral staff, will:
 - Explain what happened leading up to the death.
 - Give a factual explanation of how the death occurred.
 - Allow time for staff and governors to discuss what has happened and how they feel.
 - Designate a member of staff as media spokesperson who will be responsible for liaising with the media as required.
- Identify what internal and external support is available to staff and governors.
- Discuss the arrangements for informing pupils, including whether all pupils will be told and who will be responsible for informing them.
- Staff members that will be responsible for informing pupils about the death will be provided with a script which sets out what pupils should be told and includes information on how to answer some difficult questions. This will be created by the headteacher and pastoral support, with input from the family.

5. Informing pupils

- The headteacher will have a discussion with the family about whether all pupils need to be informed about the death.
- If the death affects the whole school, e.g. the death of a staff member or pupil, the headteacher will strongly recommend to the family that all pupils should be informed; however, if the death does not affect the whole school, it may be more appropriate to just inform certain groups of pupils.
- The headteacher will make the final decision regarding which pupils will be informed.
- Where possible, pupils will be informed about the death in small groups by a member of staff that is familiar to them at the same time, e.g. during form time.
- Pupils with specific needs that may influence their response to being informed about the death will be identified and told separately. These needs include the following:
 1. Pupils that had a long-term and/or close relationship with the individual who has died
 2. Pupils with a history of loss
 3. Pupils with SEND
 4. Pupils who have difficulty managing their emotions or behaviour
- Staff responsible for informing pupils will use the script provided to them. To ensure all pupils are told about the death in an age-appropriate way, a number of scripts may

be created and distributed to staff with clear instructions of which script to use for which year group.

- Where possible, a member of pastoral staff will be present when pupils are told about a death so they can help with answering any questions.
- Pupils will be given time to ask questions about what has happened and to talk about how they are feeling. Any questions that are asked by pupils will be answered factually. Pupils will be told where they can go to in school for support and will also be directed to any external support.

6. Informing pupils in a large group

- If it is not possible to inform pupils about a death in small groups, the headteacher, in communication with the family, will decide if it would be appropriate to inform pupils in a large group, e.g. during an assembly.
- Where an individual pupil has been bereaved, they will be asked if they want to attend the assembly and if they do not want to be involved, appropriate support will be arranged for the pupil during and after the assembly.
- The headteacher will tell the family and, where relevant, the bereaved pupil exactly what they will say and to whom. The headteacher, with support from relevant pastoral staff, will deliver the information to pupils.
- After pupils have been informed, they will go to their classes and be given time to express any thoughts or feelings about what they have been told.

7. Informing parents

- The headteacher will have a discussion with the family about whether all parents need to be informed about the death.
- If the death affects the whole school, e.g. the death of a staff member or pupil, the headteacher will strongly recommend to the family that all parents should be informed; however, if the death does not affect the whole school, it may be more appropriate to just inform parents that are directly affected.
- A headteacher will compose a letter to parents about the death. The letter will contain the basic, factual information about the death, information about how the school is supporting pupils, how they can support their children, and who to direct questions or concerns to (**letter templates can be found at www.childbereavementuk.org – school support**).

8. Funerals

- The headteacher will discuss with the family whether any staff, governors or pupils are able to attend the funeral. With the family's approval, the headteacher will arrange for the school to be represented at the funeral and identify which staff and pupils may want to attend.
- The headteacher and chair of governors will decide if it is necessary for the school to be fully or partially closed. Transportation to and from the funeral will be arranged for staff and pupils, as appropriate. Necessary cover arrangements will be made for staff attending the funeral.
- Any communication with the media or social media activity will be agreed with the family.
- Only the appointed media spokesperson will deal with media enquiries and communications. Staff, governors and pupils will not respond to any media enquiries themselves or make any public statements about the death.
- Staff, governors and pupils will not post any information about the death on social media. The media spokesperson will investigate any post made regarding the death and will refer any concerns to the headteacher.
- If information about the death is circulated on social media prior to the school making an official statement, the headteacher and media spokesperson may release a statement, with the agreement of the family, to prevent rumours from spreading.
- If staff, governors or pupils find any false, negative or malicious information being posted about the death on social media, they will report this to the headteacher.
- If a member of staff is found to have been posting content on social media or providing information to the media that is false, negative or malicious, action will be taken in line with the Disciplinary Policy and Procedure.
- If a pupil is found to have been posting content on social media or providing information to the media that is false, negative or malicious, action will be taken in line with the Behaviour Policy.

9. Support for the family

- The headteacher will be the main point of contact between the school and the family, or will appoint another member of staff to this role where necessary.
- The headteacher will invite the family into the school to discuss how the school can best support them.
- The family's wishes and feelings will always be considered and respected when making decisions and conducting activities relating to the death.
- Any support that is put in place will be decided on a case-by-case basis, depending on the family's needs and wishes. Support could include the following:
 1. Sending a letter of condolence
 2. Giving the family the opportunity to collect any personal belongings of the person who has died

3. Inviting the family to commemorative events held by the school

10. Support for pupils

Pupils that have experienced a significant bereavement, e.g. of a family member

- A member of staff that is familiar with the pupil will be appointed to act as their main point of contact – the pupil will be made aware of who the staff member is.
- The headteacher will contact the pupil's family to discuss whether the pupil will be attending school.
- Any support put in place for a pupil will be pupil-led, based on their needs and wishes.
- When deciding what support will be put in place for a pupil, the impact the death will have on the pupil will always be considered in the context of pre-existing factors. The following contextual factors will be considered:
 1. The circumstances surrounding the death, e.g. was it under traumatic circumstances, was the death expected, or did multiple people die?
 2. The relationship between the pupil and the person who has died.
 3. The ability of the pupil's family to support them following the death, e.g. if a pupil's parent has died, how able is the surviving parent to support the pupil?
 4. Family factors such as size, financial state, structure, style of coping, communication and stresses that affect the child.
 5. The support the pupil has from their peers and other organisations and people.
 6. Characteristics of the pupil, including their age and any SEND they have.
- The pupil will be a part of discussions regarding who should be informed about the death and how, where appropriate.
- If a pupil chooses to attend school immediately after a bereavement, they will be allowed a flexible timetable and staff members will be made aware that the pupil may not be able to work to their usual capacity. The designated staff member will keep in communication with the pupil's family to inform them about how the pupil is doing.
- If the pupil is absent from school following the bereavement, they will be made aware of who has been informed about what has happened and what they were told.
- The designated staff member will make regular contact with the pupil during their absence.
- The headteacher, designated staff member, pupil and the pupil's family will make arrangements for the pupil's return to school, e.g. a phased return.
- If a death occurs soon before or during a time where the pupil will take a statutory assessment, the headteacher will report the circumstances to the STA who will decide if special considerations apply.
- Any safeguarding concerns regarding a bereaved pupil will be dealt with in line with the Child Protection and Safeguarding Policy.

Support for all pupils

- All pupils, even those not directly affected by the death, will need to be supported following a death, particularly if the death affects the whole school community, e.g. the death of a staff member.
- Pupils will be given the opportunity to speak to a member of pastoral staff.
- Staff will talk to pupils about what has happened using age-appropriate and developmental stage appropriate language.
- Following a death in the school community, pupils will be invited to take part in remembrance activities, e.g. remembrance assemblies.
- Staff will identify any pupils that may need more direct support and make a referral to the headteacher who will assess what support might be required in collaboration with pastoral staff.

11. Behaviour and SEMH issues

- Staff will remain vigilant to the following behaviours that a pupil may display immediately after the death of someone close to them:
 1. Inability to concentrate
 2. Lack of motivation
 3. Tiredness and irritability
 4. Heightened sensitivity to comments and remarks
 5. Inability to take others' feelings into account
 6. Anger, frustration or aggression
 7. A general change in behaviour, e.g. becoming unnaturally quiet or withdrawn
 8. Anxiety
 9. Being easily upset by events that would normally be trivial to them
 10. Physical complaints, such as headaches, stomach aches and a general tendency to be prone to minor illness
- The pupil's designated staff member will keep in contact with the pupil's family and share information about how the pupil is behaving at school and home.
- Any challenging behaviour displayed by bereaved pupils will be addressed using the individual graduated response outlined in the Behaviour Policy.
- A record will be made of anniversaries and days with regards to the death which may act as a trigger for challenging behaviour.
- Any incidents of bullying, where a bereaved pupil is the victim or perpetrator, will be addressed in line with the Anti-bullying Policy, taking into account the pupil's needs and circumstances.
- All staff members will remain vigilant to signs that a bereaved pupil is facing difficulties in relation to their psychological, physical and social development and will refer the pupil to pastoral staff who will put appropriate support in place.
- Specific circumstances

- The procedures outlined in this policy will be followed for all deaths affecting the school community and individual pupils; however, specific measures will be implemented for certain circumstances.

12. Pre-bereavement – when a family member is not expected to live

- If a pupil has an illness where they are not expected to live, their family will make the school aware of the situation and the school will ensure the appropriate support is in place.
- A member of pastoral staff will meet with the pupil regularly to provide the pupil with an opportunity to talk about what is happening and how they are feeling.
- All staff will remain vigilant to signs that the pupil is facing challenges in relation to their psychological, physical and social development and will refer any concerns to pastoral staff who will ensure appropriate support is put in place.

13. Pupils with a life-threatening illness

- Pupils with life-threatening illnesses will be encouraged to take part in school routines as much as possible and the school will continue to expect the usual standards of behaviour as appropriate.
- The headteacher, the pupil and their family, and other relevant staff members (e.g. a member of pastoral staff) will decide how to share the news that a pupil is terminally ill with the school community.
- Other pupils will be informed about how they can best support the pupil in the most appropriate way.
- If the pupil is receiving treatment from a local hospice or hospital, the key professional responsible for the pupil will be identified and the headteacher will contact this person for advice and support as necessary.

14. Suicide

- The school will respond to a suspected suicide within 48 hours.
- The headteacher, or other appointed member of staff, will contact the police or the family as soon as possible to confirm the death and whether it is being treated as a suicide.
- If the family does not wish the cause of death to be disclosed to the school community, the school will state that the nature and cause of death are still being determined and that additional information will be forthcoming.
- If the death is subject to an ongoing investigation, the headteacher will check with the police before speaking about the death with pupils who may need to be interviewed by the police.

- Staff will be told about the death first
- The script that staff will use to inform pupils of the death will be factual while avoiding excessive detail about the suicidal act itself.
- Immediate emotional support will be arranged for any pupils and staff who require it.
- Any information distributed to the school community and media regarding the death will:
 1. Be factually correct but not include detail of the cause of death or method used.
 2. Not romanticise, glorify or vilify the death.
 3. Not include details of any suicide note.
 4. Not include speculation over the motivation for suicide.
- Research indicates that pupils that have been directly affected by suicide are at an increased risk of taking their own life. Staff will report any concerns about pupils to the headteacher and the appropriate support will be put in place or a referral to specialist services will be made in line with the Child Protection Policy.
- Pupils and staff will be warned about the risks of un-moderated online memorials (e.g. those on social media), such as their comments becoming public without their permission and online memorials attracting negative comments.

15. Cultural and religious behaviours

- The school will keep in mind the cultural attitudes and behaviours relating to a death and will make sure these needs are taken into consideration when putting support in place for those affected.

16. Forces' families

- The needs and feelings of bereaved forces' pupils will always be considered prior to any school activities relating to the armed forces, e.g. commemorating Armed Forces Day, and additional support will be put in place for pupils as required.
- Appropriate support will be implemented for bereaved forces' pupils, particularly during times of change.
- Bereaved forces' pupils will be protected from any unwanted media attention and there will be a designated area in school that the pupil can go to if they are feeling overwhelmed.

17. A death involving murder or manslaughter

- The headteacher will contact the police or the family to establish the facts about what has happened.

- A designated staff member will be available to talk to the pupil to help them to answer any questions they may get from their peers about what has happened.
- Research indicates that pupils that have been bereaved due to murder or manslaughter can be at significant risk of developing PTSD. Any concerns relating to the pupil will be addressed in line with the Child Protection policy
- Media personnel will not be permitted onto the school site at any time.

18. Remembrance activities

- Following a death in the school community, the school may conduct some remembrance activities, e.g. a remembrance assembly.
- The family will always be consulted prior to any remembrance activities being planned and will be invited to take part in the activities.
- All members of the school community, including staff, governors, pupils and parents, will be invited to take part in remembrance activities.
- All remembrance activities will be planned so that they are respectful of the culture and religious beliefs of the family.

19. Managing transitions

- Information about pupils that have been bereaved will be recorded.
- This information will be shared with relevant parties at key transition points, including the following:
 1. If the pupil moves school
 2. When the pupil moves to secondary school
 3. If the pupil moves class
 4. When the pupil will be taught by a new teacher

20. Support for staff

- Staff directly affected by the death, eg. if they are a relative or close friend of the individual that has died, will be identified and the appropriate support will be put in place
- The level of support will be decided on a case-by-case basis by the headteacher, and may include the following:
 1. Ensuring the staff member is not left on their own
 2. Arranging for lessons or other duties to be covered
 3. Organising bereavement leave
 4. All staff members will be offered the opportunity to speak to a member of the pastoral team one-to-one.

5. Staff members will be given information about the in-school and external support they can access.
6. Staff will be vigilant to the signs that indicate their colleagues have been affected by bereavement and will offer them support or make a referral to a member of pastoral staff.

Teaching about bereavement and grief

- Different aspects of the curriculum will be used to discuss relationships, feelings and emotions, and to think about how to manage these in relation to family events and death.
- Before delivering any lessons that cover topics of death and bereavement, the teacher will consider how the lesson may affect the bereaved pupils they are teaching.
- Bereaved pupils and their families will be consulted over whether it is appropriate for them to attend lessons about death or bereavement, and alternative arrangements or additional support will be put in place as required.
- Where appropriate, the teacher will discuss what the lesson is going to cover with the pupil and will work with the pupil to design activities that the pupil feels they are able to get involved with.
- Any lessons covering topics of death or bereavement will take account of religious and cultural beliefs.

Staff training

- The Inclusion Lead and a member of the pastoral staff will receive training in bereavement support.
- Pastoral staff will provide training to staff required
- If any members of staff are not confident in delivering some level of bereavement support to pupils or other staff members, or in implementing this policy, they will speak to the headteacher who will arrange for the staff member to receive appropriate support

Monitoring and review

This policy will be reviewed on an annual basis by the governing board and headteacher. Any changes to this policy will be communicated to all staff members.

Useful links for professionals, children and families:

- **Child Bereavement UK:** www.childbereavementuk.org **Helpline:** 0800 0288 840
Email: support@childbereavementuk.org

- **Winston's Wish:** www.winstonswish.org.uk **Helpline:** 0808 8020 021
- **Children of Jannah (Muslim specific support)** www.childrenofjannah.com
- **Sands (still birth and neo natal death)** www.uk-sands.org
- **Young Minds** <https://youngminds.org.uk/> **Helpline:** 0808 802 5544
- **Enfield Specialist bereavement Support Service**, St Michaels Primary Care Centre.
Helpline: 0208 702 5620 **Email:** lisa.dodd4@nhs.net
- **Grief encounters:** www.griefencouters.co.uk

Resources for children

- **'I miss you – a first look at death'** - Pat Thomas
- **'Badger's parting gifts'** – Susan Varley
- **'My book about a baby who died'** – Lynn Weiss
- **'Muddles, puddles and sunshine** (Winston's Wish) – Diana Crossley and Kate Sheppard
- **'Water buds and dragonflies'** – Doris Stickley
- **'The lonely tree'** – Nicholas Halliday