



Be the best you can be!

Bush Hill Park PSHE Overview 2020 - 2021

	<u>Autumn 1</u> Being Me and My World (Recovery Material & Black History Material)	<u>Autumn 2</u> Celebrating Difference (Anti – bullying material)	<u>Spring 1</u> Dreams and Goals (Children’s Mental Health material)	<u>Spring 2</u> Healthy Me	<u>Summer 1</u> Relationships	<u>Summer 2</u> Changing Me and Sex and Relationships (Health & Well-being Week)
Year 1	Special and safe My class Rights and responsibilities Rewards and feeling proud Consequences Our learning charter	The same as... Different from... What is bullying? What can we do about bullying? Making new friends Celebrating difference Celebrating me	My treasure chest of success Steps to goals Achieving together Stretchy learning Overcoming obstacles Celebrating my success	Being healthy Healthy choices Clean and healthy Medicine safety Road safety Happy me Healthy me	Families Making friends Greetings People who help us Being my own best friend Celebrating special relationships	Keeping clean Growing and changing Families and care Changing Me
Year 2	Hopes and fears for the year Rights and responsibilities Rewards and consequences Our learning charter	Boys and Girls Why does bullying happen? Standing up for myself and others Making new friends Celebrating difference and still being friends	Goals to success My learning strengths Learning with others A group challenge Celebrating our success	Being healthy Being relaxed Medicine safety Healthy eating Healthy me cafe	Families Keeping safe - exploring physical contact Friends and conflict Secrets Trust and appreciation Celebrating my special relationships	Differences – boys and girls Differences – male and female Naming the body parts Changing Me
Year 3	Getting to know each other Our nightmare school	Families Family conflict Witness and feelings	My dreams and goals My dreams and ambitions	Being fit and healthy What do I know about drugs?	Family roles and responsibilities Friendship	Differences – male and female Personal space



Be the best you can be!

Bush Hill Park PSHE Overview 2020 - 2021

	Our dream school Rewards and consequences Our learning charter	Witness and solutions Words that harm Celebrating difference: compliments	New challenges Celebrating my learning	Being safe My amazing body	Keeping myself safe Being a global citizen Celebrating my web of relationships	Family differences Changing Me
Year 4	Becoming a class team Being a school citizen Rights, responsibilities and democracy Rewards and consequences Our learning charter	Judging by appearances Understanding influences Understanding bullying Problem solving Special me Celebrating difference: how we look	Hopes and dreams Broken dreams Overcoming disappointment Creating new dreams Achieving goals We did it!	My friends and me Group dynamics Smoking Alcohol Healthy friendships Celebrating my inner strength and assertiveness	Relationship web Love and loss Memories Are animals special Special pets Celebrating my relationships with humans and animals	Growing and changing What is puberty Puberty changes and reproduction Changing Me
Year 5	My year ahead Being me in Britain Year 5 responsibilities Rewards and consequences Our learning charter	Different cultures Racism Name-calling and rumors Types of bullying Does money matter? Celebrating differences around the world	When I grow up Investigate jobs and careers My dream job and how I will get there Dreams and goals in other cultures Supporting each other Rallying support	Smoking Alcohol Emergency aid Body image Relationships with food Healthy me	Recognising me Getting on and falling out Girlfriends and boyfriends Relationships and technology	Talking about puberty Male and female changes Puberty and hygiene Changing Me
Year 6	My year ahead Being a global citizen Our learning charter	Am I normal Understanding disability Power struggles	Personal learning goals Steps to success	Food Drugs Alcohol Emergency aid	My relationship web Love and loss Power and control	Puberty and reproduction Understanding relationships



Be the best you can be!

Bush Hill Park PSHE Overview 2020 - 2021

		Why bully Celebrating difference	My dream for the world Helping make a difference Recognising our achievements	Emotional and mental health Managing stress	Being safe with technology	Conception and pregnancy Communicating in relationships Changing Me
--	--	--	--	---	-------------------------------	---