

# NEWSLETTER

Issue No. 19

February 2021



## MESSAGE FROM THE HEADTEACHER

Today I write to you as a mother first. As we come to the end of this very challenging half term of Lockdown 3, as a parent of two children who has to juggle working full time and home learning, I have definitely felt the strain and pressure! I always remind my staff that we are human too. As much as we love our jobs, are completely dedicated and committed to the children and families of Bush Hill Park Primary school and want the absolute best for them, we too have our own families. We are mothers, fathers, daughters, sons, brothers, sisters, husbands and wives. The tough times that we are experiencing are taking a toll on our mental health, the dark, wet, snowy weather hasn't helped, neither has the impact of this pandemic. So many of us have been affected in various different ways and are continuing to be affected. Between juggling my own job, my children's school work and generally surviving a pandemic, I have definitely felt the tension.

You are probably wondering where I am going with this...

Well, my main reason is to say a MASSIVE WELL DONE! You have all done an incredible job in coping with a pandemic as well as home schooling your children. Whatever your personal circumstances and the challenges that you are facing, I can honestly say, you are amazing! I understand that this has not been an easy task for so many of you, and fully appreciate that the best place for children to be educated is at school! Many are missing the routines, their friends, teachers and the structure of a school day and week. Please know that we miss the children too and cannot wait to have them back in the classrooms with their friends. We have all had to be flexible and adapt to a very new and different way to teach and learn. Our expectations here at Bush Hill Park School are very high and I know that the staff here are delivering daily live lessons with follow up tasks. I would like to take this opportunity to thank you for everything that you have done in supporting your child to succeed in their learning. All I ask, is that you continue to try your best and that your best will be good enough! Everyone's circumstances are very different and I fully appreciate that no two home school experiences will look alike. This is fine, if there are gaps, it will be our job to cover them. As long as your children are participating and are attempting the tasks to the best of their ability, then they are doing a great job! Please do not feel pressure and unnecessary stress, the fact that our children are safe, loved and cared for is the most important thing we can do for them at this moment!

I have listened to your feedback, concerns and comments throughout this pandemic and take your views very seriously. Thank you for taking the time to complete the survey in January and rest assured that we are continuously monitoring and reviewing our current offer; we are adapting it to meet the requirements of the children and ensuring that it matches their age, ability and needs. Thank you for your continued support and positive feedback, we all need some positivity during these difficult times. We need to support each other to get through this together!

Finally, while we are closed over the half term, use this opportunity to have plenty of 'no screens' days, regenerate, refresh and have lots of fun with your children. We are always here for you if you require any kind of support.

Wishing you a restful half term, take care, stay safe and remember, you are doing a fantastic job!

**Anna Theodosiou**

**P**lease note that during half term the school will be closed and there will be no live lessons or remote learning taking place. Remote learning will resume on **Monday 22nd February at 9.00am**. For those children who have been attending school, please ensure they arrive at 8.50am in time for the first lesson.

### **Message from the Governors**

As we come to the end of another half-term of remote learning. I just want to say a thank you to all the adults who've been helping the children with their online work. I'd like to give a special thank you to everyone who has sent work in or posted it on Twitter. It has been really great for Governors to see some of the work the children have done as we are unable to visit the school at the moment. Also, of course, thank you to the pupils who have completed the work. It has been impressive to see what they've all been able to do at home.

On another note, we should be hearing from the Government soon about whether or not we will be able to welcome back all or some of our pupils into school during March. I expect that will partly depend on the roll out and take up of the vaccine. The Government are telling us that the vaccine is the way out of Lockdown! My wife and I have been lucky enough to have had our first dose of the vaccine (I am quite old!). It was all quite straightforward and, apart from a slightly sore arm for a couple of days, we had no after effects. I hope you'll all be able to take advantage of the vaccine soon to make it much safer for everybody.

Hopefully, after half term, we will see some warmer weather, we will be able to start to welcome back pupils to the school and we'll see some signs that things will be returning to normal.

Best wishes, **Roger Kingsnorth (Chair of Governors)**



Dandelion  
Learning

**Helping Parents with  
Home Learning:  
Getting to Grips with Grammar!**

This event is designed to help primary school parents with home learning.

In this session you will explore:

- Grammatical technology. Consolidate your understanding of word classes including nouns, verbs, adjectives, determiners, conjunctives, pronouns and adverbs.
- Ways to support your child at home with their understanding of grammar.

The 45 minute session is **FREE** to all parents who have children at primary school

**FREE EVENT—BOOK NOW ON EVENTBRITE**

**Tuesday 16th February at 7.00pm-7.45pm OR Wednesday 24th February at 7.00pm-7.45pm**

# **Please help Bush Hill Park Primary School buy laptops for children**

## **We are raising money to buy laptops for children without access to a device to learn from home**

Bush Hill Park Primary School is a vibrant and caring school in Enfield, serving 470 children from Nursery to Year 6 .

We currently have about 410 pupils across our school community who are learning remotely from home during this lockdown, with most not able to have access to a suitable device to progress their learning and education.

We have fortunately been able to loan out 77 laptops to help our families so far, but the need is far greater, and we have now run out of laptops. Our list of parents requesting a device for their child is growing daily, and we have a growing number of pupils who would really benefit from having a device. Having a laptop to use during this difficult time will make a huge difference in these children's lives now and in the future.

We are using Microsoft Office 365 across the school, and Microsoft Teams as the platform that our pupils use to have their online lessons, interact with their teacher and friends and complete their work.

All donations are greatly appreciated and will help get our children online and learning. Please share our campaign so we can meet our target and help our children be the best they can be.

**They need your help**  
**“Show you care, donate and share”**  
**and click this link**

<https://gofund.me/8e94936d>





# MICROSOFT TEAMS



## TOP TIPS FOR EFFECTIVE HOME LEARNING

### GUIDELINES—Expectations for children during live lessons using Teams



#### Chat function

You can use the chat function to make relevant comments or ask questions. Remember this is a classroom forum, always behave appropriately.

Use Emojis sensibly, too many and it can distract other learners. We can all be mindful of others.

Your teacher may pause the lesson at various points to check the chat and ask children to share their answers or questions.

#### Recording

Live sessions will be recorded and posted in the chat page after the session, along with all your questions from the chat.

The teacher's camera is on so that you can see me. Students' cameras will remain off until further notice.

All lessons are scheduled and are recorded for catchup later, remember our values when contributing – respect, resilience and responsibility.

#### Microphone

Keep your microphone on mute unless asked to turn it on.

We are recording this lesson for students to re-access and also, for Safeguarding purposes

When you want to speak: raise your hand (using the raise hand icon), turn your microphone on and ask your question when prompted by the teacher, but remember to turn it back off



**Teams' guidelines** - The following pages outline the guidelines students must be aware of and adhere to during all live/remote lessons.

### ROUTINE - showing an ideal routine children should follow to get ready for the day ahead



#### 1. Get up early

Aim to get up an hour before your morning lesson so you can have breakfast and get organized for your lesson.

#### 2. Follow a routine

It is easy to get into bad habits – not getting changed, skipping meals, not exercising. Try to keep to a routine –

1. Get up on time
2. Get ready and dressed for the day
3. Have breakfast
4. Get equipment ready for home learning
5. Take regular breaks between lessons

#### 3. Create a learning space

When doing schoolwork, try to make a clean, free from distraction learning space. Try not to work in your bedroom, find a space where you will not get distracted.

#### 4. Take breaks

When using digital devices, it's a good idea to take regular break away from the screen.  
Try to get up every 30 minutes, go for a walk or have a drink.

#### 5. Support

Remember we are here to support; you can contact the school or email your teacher.

Top tips for effective home learning



## THE DUGDALE CENTRE HAS TRANSFORMED INTO A COVID-19 NHS VACCINATION CENTRE

We are pleased to announce that Enfield Council has agreed to allow the NHS to use the Dugdale Centre as a vaccination centre, thereby playing a vital role in the battle against coronavirus in Enfield.

"I always prefer to  
believe the best of  
everybody,  
it saves so much  
trouble."

-Rudyard Kipling

### **About Boloh—Our Covid-19 helpline for Black, Asian and Minority Ethnic families**

**Have you been affected  
by Coronavirus?**

**We are here to help.**

**Call the**

**Boloh**

**helpline for free  
support for you  
and your family**

Lines are open between  
Monday and Friday  
1pm – 8pm on

**0800 1512 605**

Or talk to us on our  
webchat by visiting  
**[helpline.barnardos.org.uk](https://helpline.barnardos.org.uk)**  
and click on the icon  
on the bottom right



**Believe in  
children**



**Barnardo's**



# what's

MONDAY 15TH FEB. 2021

## songs & games Y1&2

A fun, interactive session of songs & games for you and your little one  
Y1 - Y2 | 9:30 - 10:00am | £5.00  
[click here to book](#)

## songs & games Y3&4

A lively, interactive session of songs & games for children in Year 3 to 6  
Y3 - Y6 | 10:30 - 11:15am | £5.00  
[click here to book](#)

## STAGECRAFT & PERFORMANCE

Tips & techniques for performing live or on camera & how to handle nerves  
Age 14+ | 1:30 - 2:15pm | £7.50  
[click here to book](#)

# on?

TUESDAY 16TH FEB. 2021

## CLAP SNAP Y3&4

Feel the beat & get moving and grooving in this active body percussion session  
Y3 - Y4 | 10:00 - 10:30am | £5.00  
[click here to book](#)

## CLAP SNAP Y5&6

Feel the beat & get moving and grooving in this active body percussion session  
Y5 - Y6 | 11:00 - 11:45am | £7.50  
[click here to book](#)

## NOTATION UNLOCKED

Breaking down barriers to reading music notation & extra tips for those with dyslexia  
Age 8+ | 2:00 - 2:45pm | £7.50  
[click here to book](#)

make music with Enfield Music Service

WEDNESDAY 17TH FEB. 2021

## LOGIC PRO FOR BEGINNERS

Find out how to use Logic Pro to mix, produce & create your own music tracks  
Y7 - Y14 | 1:30 - 2:30pm | £10.00  
[click here to book](#)

## LOGIC PRO INTERMEDIATE

Explore more advanced features of Logic Pro and get help with your own projects  
Y9 - Y14 | 3:00 - 4:30pm | £10.00  
[click here to book](#)



# #SustransOutsideIn

Challenges, games and activities to keep your family busy during lockdown



sustrans

Sustrans is a Charity that encourages families to Cycle and Walk.

They are running a national campaign called 'Outside In', providing 4 weeks' worth of free indoors and outdoors activities relating to walking, cycling and staying active.

It is very simple to take part, and will be a positive resource for families during this time.

Parents and Carers, simply sign up to the newsletter at this web address: <https://www.sustrans.org.uk/campaigns/outside-in> and you will be sent a series of emails containing resources and activities with video instructions.

We hope you will find the activities useful in keeping you active and healthy.

Keeping busy in half term!



**DE BOHUN PRIMARY SCHOOL**  
**FEBRUARY HALF TERM ACTIVITY CAMP**  
**FOR CRITICAL WORKER & VULNERABLE CHILDREN ONLY**

**S4K**

Ages 5-12yrs

8-6pm

PLAY  
EXPLORE  
LEARN

**SPACE THEMED ACTIVITIES  
THAT ARE OUT OF THIS WORLD!**

**WE ACCEPT CHILD CARE VOUCHERS!**


**BOOK NOW AT: WWW.SPORT4KIDS.BIZ/CAMPS**

**SPORT4KIDS** 

**PROTECTIVE MEASURES IN PLACE  
FOLLOWING GOVERNMENT GUIDELINES**

**15th-19th  
February**

**£30 a day**

**SPORT4KIDS** 

**February Multi-Activity Camp**  
 at De Bohun Primry School  
*(for Key Workers & Vulnerable Children Only)*

Timings	MOON ROCK MONDAY	SPACE TARGET TUESDAY	STAR WARS WEDNESDAY	ASTRONAUT TRAINING THURSDAY	ROCKET FUEL FRIDAY!
8.00-9.00am	<b>Early Club</b> - Includes Colouring Sheets, Activity Sheets, Free Play Sports station, board games and more				
9.15am	Morning Welcome/Health & Safety Talk				
9.30-10am	<b>WARM UP:</b> Moon Walk (Dance/Musical Fun)	<b>WARM UP:</b> Tag Games	<b>WARM UP:</b> Mindful Yoda!	<b>WARM UP:</b> Astronaut Fitness Training Stations	<b>WARM UP:</b> Musical Planets
10-10.45am	<b>BUBBLE 1:</b> Moon Rock Painting <b>BUBBLE 2:</b> Alien Invasion Ball Games	<b>BUBBLE 1:</b> Inter-galactic Dodgeball Games <b>BUBBLE 2:</b> Space Crafts	<b>BUBBLE 1:</b> Star NERF Wars <b>BUBBLE 2:</b> Beat the Stormtroopers Football Fun	<b>BUBBLE 1:</b> Space Shuttle Training (Skills on Wheels) <b>BUBBLE 2:</b> Kids Choice Mission	<b>BUBBLE 1:</b> BLAST OFF! Bat & Ball Games <b>BUBBLE 2:</b> NERF FUN
10.45-11am	Morning Snack Break				
11.00-11.45am	<b>BUBBLE 1:</b> Moon Buggy Expedition (Scooter Boards) <b>BUBBLE 2:</b> Moon Rock Painting	<b>BUBBLE 1:</b> Space Invaders <b>BUBBLE 2:</b> TOUCHDOWN! Tag Rugby Fun	<b>BUBBLE 1:</b> Light vs Dark Side Team Games <b>BUBBLE 2:</b> Rebels Striking & Fielding Games	<b>BUBBLE 1:</b> Buzz Lightyears Benchball <b>BUBBLE 2:</b> Agility Astro Obstacle Course	<b>BUBBLE 1:</b> Football & Rugby Rocket Kick Games <b>BUBBLE 2:</b> Rocket Making
12-12.30pm	Space Themed Quiz	Shooting Stars Competition	Star Wars Bingo!	Space Alphabet Quiz	Paper Aeroplane Competition
12.30-1.15pm	Lunch & Joke Club				
1.15-1.45pm	Structured Free Play				
2-2.45pm	<b>BUBBLE 1:</b> Moon Rock Scavenger Hunt <b>BUBBLE 2:</b> Moon Buggy Expedition (Scooter Boards)	<b>BUBBLE 1:</b> Space Crafts <b>BUBBLE 2:</b> Inter-galactic Dodgeball Games	<b>BUBBLE 1:</b> Beat the Stormtroopers Football Fun <b>BUBBLE 2:</b> Star NERF Wars	<b>BUBBLE 1:</b> Kids Choice Mission <b>BUBBLE 2:</b> Space Shuttle Training (Skills on Wheels)	<b>BUBBLE 1:</b> NERF FUN <b>BUBBLE 2:</b> Football & Rugby Rocket Kick Games
2.45-3pm	Afternoon Snack Break				
3-3.45pm	<b>BUBBLE 1:</b> Alien Invasion Ball Games <b>BUBBLE 2:</b> Moon Rock Scavenger Hunt	<b>BUBBLE 1:</b> TOUCHDOWN! Tag Rugby Fun <b>BUBBLE 2:</b> Inter-galactic Dodgeball Games	<b>BUBBLE 1:</b> Rebels Striking & Fielding Games <b>BUBBLE 2:</b> Light vs Dark Side Team Games	<b>BUBBLE 1:</b> Agility Astro Obstacle Course <b>BUBBLE 2:</b> Buzz Lightyears Benchball	<b>BUBBLE 1:</b> Rocket Making <b>BUBBLE 2:</b> BLAST OFF! Bat & Ball Games
3.45-4pm	Sports Quiz of the Day				
4-5pm	<b>PARTY GAMES</b> - Can include Dance, Karaoke, Parachute Games, Musical Games, Hula Hoop games, Balloon games, Halloween themed games, circle games, S4K Scooter Board Fun & Space Hoppers!				
5-6pm	<b>Late Club</b> - Includes Colouring Sheets, Activity Sheets, Free Play Sports station, board games and more				

**15<sup>th</sup>-19<sup>th</sup> February 2021**  
 (Activities may vary slightly at each venue\*)

**BOOK NOW at <https://sport4kids.biz/camp-venues/southgate-activity-camp/>**



HAVE FUN  
FLIPPING!!

**DON'T FORGET PANCAKE  
DAY NEXT WEEK!**  
(Shrove Tuesday is on  
16th February)

## Pancakes



### You will need

200g plain flour  
400ml milk  
2 large eggs, lightly whisked  
1 tbsp vegetable oil  
a pinch of salt  
vegetable oil for frying



**Let's Make Together!**

**1**

Put the flour in a large bowl with a pinch of salt, make a well in the centre, pour in the milk and eggs, then whisk until you have a smooth batter. Add the vegetable oil and whisk again.

**2**

Take a large frying pan and carefully wipe the inside of the pan with some kitchen roll dipped in vegetable oil.

**3**

With a grown-ups help heat the pan over a medium heat for about a minute, then add just under a ladleful of batter to the pan and immediately start swirling it around to get a nice even layer.

**4**

Cook the pancake for about 30 seconds then use a palette knife or spatula to lift the pancake carefully and check that it's golden-brown before turning over. Cook the other side for around 30 seconds and your delicious pancake is ready!



*If you like, you could give your little one a selection of toppings to sprinkle on their own pancake - if children feel 'in charge' of their own food, they're more likely to try out new things and be adventurous!*



**YOUTH ALIVE**

FOR 10-19 YEARS FREE OR LOW COST

**JOIN IN NOW**

DO YOU WANT TO?

- LOOK AFTER YOUR WELLBEING
- BUILD YOUR CONFIDENCE
- FEEL EMPOWERED
- LEARN A NEW SKILL
- BUILD ON YOUR HAPPINESS
- TAKE PART IN PHYSICAL ACTIVITIES

● ACTING  
● COOKING  
● FOOTBALL  
● MINDFULNESS  
● MUSIC  
● BASKETBALL  
● TEAM SPORTS

**GET INVOLVED**

**DO YOU LIVE IN THE EDMONTON AREA ?**

EMAIL: [socialprescribing@enfieldva.org.uk](mailto:socialprescribing@enfieldva.org.uk) TEL: 0208 373 6268

[www.new.enfield.gov.uk/healthandwellbeing](http://www.new.enfield.gov.uk/healthandwellbeing)

Logos: Youth Enfield, Enfield Voluntary Action, Enfield Community Education Provider Network, ENFIELD Council

## **The LA has launched Youth Alive**

### **A message from Public Health Enfield**

Any young person who is aged 10-19 years can now get involved with the Youth Alive project. First starting in the Edmonton area, it is now available to young people across Enfield.

### **RAPID TESTING SITES**

Enfield now has multiple walk-in test centres for rapid testing, for individuals who do not have Coronavirus symptoms. **If you have Coronavirus symptoms, it is important you do not attend a rapid testing site.**

The borough-wide rapid testing, also known as 'lateral flow testing', will offer on-the-spot testing without the need to book an appointment. You will receive your results on the same day.

#### **Location of the rapid test sites (Opening times are 9am to 6pm)**

The rapid/lateral flow testing sites are situated at:

- ◆ **Brigadier Hall, Cedar Road, Enfield, EN2 0NL**
- ◆ **Green Towers Community Centre, Plevna Road, Edmonton, N9 0TE**
- ◆ **John Wilkes House, 79 High Street, Ponders End, EN3 4EN**
- ◆ **Kempe Hall, Kempe Road, EN1 4QS**
- ◆ **Klinger Hall, Copperfield Mews, N18 1PF (access from Silver Street)**
- ◆ **Southgate Library, High Street, Southgate, N14 6BP**

Anyone who tests positive for Coronavirus will be referred for a follow-up test to confirm the result. You can read more about the rapid test sites on the Enfield Council website.

# KINDNESS CHANGES EVERYTHING



We had a lovely and unexpected surprise this week when Ann Beale (pictured left) got in touch with us. She explained that both her and her husband Geoff, wanted to contribute towards providing a local child, whose education was being disadvantaged during lockdown, with a computer, so they decided to contact Bush Hill Park Primary School.

The family have lots of fond memories of the school as their two sons attended in 1988 and 1993 respectively when Ann Coote was Headmistress of the Infants School and David Hall was Headmaster of the Junior School, before the schools amalgamated to become a Primary School, and Leslie Church became Headmaster.

Ann and Geoff were great supporters of the school and Ann joined the Friends of Bush Hill Park School (FOBHPS) where she served on the committee for 13 years as Vice Chair.

Ann came along to the school this week to present us with a very generous cheque for which we are extremely grateful and will enable us to purchase another much needed laptop.

## MY DREAM FOR THE WORLD

by Ryan Sitch

In places of floods, where the houses are messed up  
Are people who scream and shout "run, run before the death level goes up"

In places of poverty, where people cry on the street  
"Help me, please, I have nothing to eat"  
And my dream for the world is for people who are poor

To have a lovely house with a big, black door

In places of disease where people flee  
Are selfish leaders who say "don't help them, help me"

In places of racism, where people shout

"Black people mean nothing, help us out"

But my dream for the world is for everyone to have a friend

So, we can work together to help the world again.

"No act of  
kindness, no  
matter how small,  
is ever wasted."

— Aesop



In November last year we asked parents and carers for financial support for some special projects which will make a difference to the lives of our children; projects such as Resources, 121 support, Laptops and Read to Succeed. We were blown away by the generosity of some of our parents and carers and we would like to send HUGE thanks to all who donated. Your kindness is much appreciated. It is not too late to still donate. Please log in to your ParentPay account to make a donation or for more information about each fundraising project, please visit <https://www.bushhillpark.enfield.sch.uk/school-information/donate>



## Term Dates for 2021 - 2022

<b>AUTUMN TERM 2021</b>
<b>INSET DAY</b> <b>Wednesday 1<sup>st</sup> September</b>
School starts Thursday 2 <sup>nd</sup> September
<b>HALF TERM</b> 25 <sup>th</sup> – 29 <sup>th</sup> October
<b>INSET DAY</b> <b>Monday 1<sup>st</sup> November</b>
Term ends Thursday 16 <sup>th</sup> December
<b>INSET DAY</b> <b>Friday 17<sup>th</sup> December</b>

<b>SPRING TERM 2022</b>
<b>INSET DAY</b> <b>Tuesday 4<sup>th</sup> January</b>
School starts Wednesday 5 <sup>th</sup> January
<b>Half Term</b> 14 <sup>th</sup> – 18 <sup>th</sup> February
Term ends Friday 1 <sup>st</sup> April

<b>SUMMER TERM 2022</b>
School starts Tuesday 19 <sup>th</sup> April
May Bank Holiday Monday 2 <sup>nd</sup> May
<b>Half Term</b> 30 <sup>th</sup> May – 3 <sup>rd</sup> June
Whole School Sports Day Thursday 23 <sup>rd</sup> June
<b>INSET DAY</b> <b>Friday 24<sup>th</sup> June</b>
Term ends Friday 22 <sup>nd</sup> July