



Be the best you can be!

Dear Parents/Carers

Welcome back. I hope you all had a wonderful holiday. I am looking forward to an exciting Summer Term with the worst of the pandemic behind us, hopefully!

I have read through the new government documents sent to schools following the “living with Covid” announcement in April and have outlined the key points below:

- Respiratory infections are common in children and young people, particularly during the winter months. Symptoms can be caused by several respiratory infections including the common cold, and COVID-19 so it is not possible to tell if you have COVID-19, flu or another infection, based on symptoms alone
- The risk of becoming seriously unwell from COVID-19 and other respiratory infections is very low for most children
- Children and young people with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting.
- Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can
- Children can go back to school, college or childcare and resume normal activities when they no longer have a high temperature, and they are well enough to attend
- It is particularly important to avoid close contact with anyone who you know is at higher risk of becoming seriously unwell if they are infected with COVID-19
- It is not recommended that children and young people are tested for COVID-19 unless directed to by a health professional. However, if a child or young person has a positive COVID-19 test result they should try to stay at home and avoid contact with other people for 3 days after the day they took the test, if they can.

For further information, please refer to the following links: Coronavirus (COVID-19) symptoms in children - NHS (www.nhs.uk) People with symptoms of a respiratory infection including COVID-19 - GOV.UK (www.gov.uk)

Although there is no longer a requirement for schools to now implement a Covid Risk Assessment, we will be continuing with the following measures:

- Regular handwashing or use of antibacterial gel
- Ventilating rooms
- Staggered break and lunchtimes

In the event of a school or local outbreak, it may be necessary to reintroduce some of the previous Covid measures. If this is the case, parents/carers will be informed.

I wish you all a safe and happy summer term.

Mrs Anna Theodosiou
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