

NEWSLETTER

May 2024



RETURN TO SCHOOL MONDAY 3RD JUNE

MESSAGE FROM THE HEADTEACHER

As we reach the end of another busy half term, I would like to take a moment to reflect on the successes and achievements that have enriched the experiences for our children.

Firstly, I am thrilled to highlight the successful opening of MyGym London, Bush Hill Park Primary School's very own gym to serve the school community and beyond.

We have had a range of exciting and enriching opportunities take place this half term. The success of our Bikeability programme saw our children enthusiastically participate in bicycle skills and safety training. Our Natwest Financial literacy workshop was a key highlight, children engaged in budgeting and designing a party, learning essential financial skills in a fun and interactive way. The workshop was a great success and Natwest have asked to return to conduct similar workshops in other year groups – a huge testament to the impact our children have on visitors! Our Year 1 children visited the Tottenham Hotspur training ground to take part in a mini-league with many other local schools. It was an unforgettable experience for them, and we would like to thank all the staff at Tottenham Hotspur for their generous hospitality.

As ever, we have been incredibly proud of our school teams in both football and netball and they have taken part in various sporting fixtures in and around the local borough. Our children have demonstrated remarkable talent and dedication, participating in various competitions with great enthusiasm and representing our school admirably. A special mention also goes to Year 4 for their fantastic effort in organising a bake-sale, which raised over £200. The profits will go towards an exciting trip for the Year 4 children. A huge thanks to the staff who organised, baked, contributed and supported the Year 4 children with their entrepreneurial venture and a special thanks to the whole school community for supporting this and selling out every last crumb!

To our Year 6 children who deserve immense praise for their resilience and dedication during the recent SATs testing. They worked incredibly hard, demonstrating determination and patience. We are exceptionally proud of their achievements and the positive attitudes they maintained throughout a difficult time. We look forward to working with them on their end of school performance and supporting them in their final preparations for secondary school.

As we look forward to our last half-term of the academic year, we have lots of enriching events and activities planned across the school, including our exciting development of the EYFS provision. As part of our ongoing commitment to providing an excellent learning environment for our children, we will be undertaking a refurbishment project in the Early Years Building, the Annexe. This project is designed to enhance our school community and to create an even more stimulating and comfortable space for our children. This will involve some temporary changes so please keep an eye out for further communication around this.

Thank you for your continued support and involvement in our school community. Together, we make our school a place of growth, learning and joy.

Wishing you all a restful and enjoyable break.

Anna Theodosiou



Term Dates



Last day of Term

Thursday 23rd May at 3.15pm

Inset Day—school closed

Friday 24th May

Half Term

27th to 31st May

Return to School

Monday 3rd June

Sports Day

Friday 21st June

Last day of Term Rec-Yr6

Wednesday 24th July at
1.30pm

Nursery—Last day of Term

Tuesday 23rd July



Photo Day

THURSDAY
6TH JUNE

School Contact Details

School Office Tel No. 0208 366
0521

General enquiries please email:

admin@bushhillpark.enfield.sch.uk



On **Friday 21st June** Bush Hill Park Sports Day will be taking place at Lee Valley Athletics Centre. On this day school will be **CLOSED and** children from Reception to Year 6 will be taking part. The Nursery will also be closed on this day as they will be having their own sports day at a later date. Children should arrive at the stadium by 9.00am in PE kits. The day will finish at 2.30pm. Parents are welcome to stay and watch and join in the fun!. Further details after half term.



CYCLE CONFIDENT

Cycle Confident run Bikeability sessions in thousands of schools across the country, training over 60,000 children a year.

This month Cycle Confident came to Bush Hill Park Primary School helping children in Years 5 & 6 to acquire the practical skills to cycle safely and with confidence on today's roads.

Well done and congratulations to the following children who took part.

Level 1

Well done to Fadia, Jeremy, Jesse, Ronika, Zuheyb, Alexander, Cayan, Chidubem, Fatima, Rania, Roseblanche, Jarius, Siteta, Fatima and Hannah

Level 2

Congratulations to Lauwrie, Hamza, Yanis, Asenat, Reis and Taylor



BUSH HILL PARK FOOD BANK

REMEMBER...if you require any support **AT ANY TIME** or if you know of someone who does, please do not hesitate to contact Sophie Smart on s.smart@bushhillpark.enfield.sch.uk

Does your child find it difficult to attend school for emotional reasons?



Join the Educational Psychology Service at a online two-part workshop for parents and carers. We will:

- ▶ Learn more about anxiety
- ▶ Explore what feels helpful for your child and family
- ▶ Discuss working together with schools to help young people attend
- ▶ Share your thoughts and ideas with each other & identify what help and support are available
- ▶ Connect with other parents and carers with similar concerns
- ▶ Consider how we can look after ourselves when things are hard
- ▶ Based on feedback from our previous workshops, we are also offering the opportunity to meet in person (at the Civic Centre) with other parents to enable a conversation & share experiences. The sessions will be facilitated by Educational Psychologists who will support the group to identify ideas and ways forward. Coffee and cake will be provided.

[Sign up here](#)



SESSION 1

**Tuesday 4th June
(Virtual) 1.30pm-2.30pm**

**Monday 10th June (In
Person) 10.00-12.00pm**

SESSION 2

**Tuesday 18th June
(Virtual) 1.30pm-2.30pm**

**Thursday 4th July (In
Person) 10.00-12.00pm**

**For more information, please email
eps@enfield.gov.uk**

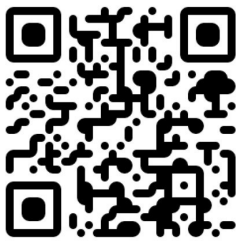
www.enfield.gov.uk





ABC Parents Haringey & Enfield

COURSES, WORKSHOP AND SUPPORT GROUP

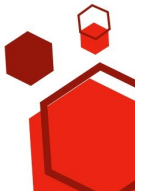


Scan for all ABC Services

Telephone: 07977 076099

Email: northmid.abcparents@nhs.net

Website: www.northmid.nhs.uk/abcparents

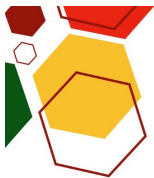


FREE CHILD FIRST AID COURSE

PEER
SUPPORT
GROUP

BREASTFEEDING
SUPPORT

POSTNATAL
FITNESS



ABC Parents POSTNATAL FITNESS

Term Time Only

Date: Every Monday

Time: 11am-12pm

Venue: Craig Park
Youth Centre
2 Lawrence Rd
Baxter Rd,
Edmonton
N18 2HN

JOIN NOW



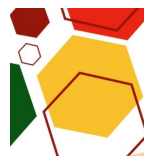
- Recovery workout
- Light Refreshments
- free Parking
- Meet other parents
- All fitness levels welcome
- Free to all, older siblings welcome

Telephone: 07977 076099

Email: northmid.abcparents@nhs.net

Website: www.northmid.nhs.uk/abcparents

Follow us on @abc_parents



ABC Parents Breastfeeding support

JOIN NOW

Date: Every Monday

Time: 1pm-3pm

Venue: Craig Park
Youth Centre
2 Lawrence Rd
Baxter Rd,
Edmonton
N18 2HN



- Come at any stage of your breastfeeding journey
- Light Refreshments
- free Parking
- Meet other parents

Telephone: 07977 076099

Email: northmid.abcparents@nhs.net

Website: www.northmid.nhs.uk/abcparents

Follow us on @abc_parents



Back to School for the Summer Term!

As the clocks have moved forward recently and the warmer and lighter evenings have arrived, your child's sleep pattern may have been disrupted. A daily routine is important and will support good sleep hygiene (sleep routine).



Quality Sleep for Children is Important.

Sleep Hygiene; tips for a good night's sleep:-



Exercise – this could be a walk home from school or a trip to the park.



Tidy toys before dinner – to limit stimulation and encourage winding down.



Dinner - Aiming for the same time each evening helps to build a routine.



Slow things down after dinner – Relaxing activities (like reading/looking at books)
– No physical exercise in the hour before bed.



No sugary snacks before bed – Avoid fizzy drinks, chocolate, sweets, crisps etc.



Limit drinks an hour before bed – to avoid night-time accidents and promote uninterrupted sleep.



No devices! Switch off tablets/phones 1hour before bedtime to minimise stimulating blue light.



Bedroom environment – Minimise distractions. Check noise levels, temperature, lighting; blackout blinds, nightlight. No toys out.



Create a bedtime routine to stick to – e.g., bathroom, pyjamas, clean teeth, story time.



Lights out at a set time each night, or have night light in hallway.

**If you would like any more advice, please contact the Enfield School Nursing Team on:
0203 9887300 (option 2) or email us at northmid.cedarsn@nhs.net.**



MAY HALF TERM ACTIVITY CAMP



**BUSH HILL PARK PRIMARY SCHOOL, MAIN AVENUE
EN1 1DS**



09.30AM-3.30PM



**28TH-31ST
MAY**



**SPORTS, ARTS & CRAFTS, TEAM BONDING GAMES,
GYMNASTICS & MANY MORE**

**DAILY PRICE £21
FULL WEEK £80**

BOOK NOW



CONTACT US

INFO@HESCIC.CO.UK

www.hescic.co.uk

BLANCO MAY CAMP

PS5 TO BE
WON!!

TUESDAY 28TH - FRIDAY 31ST MAY

SCAN ME TO
SIGN UP!



ARTS & CRAFTS
STATION
AVAILABLE ALL
WEEK

OTHER ACTIVITIES WE WILL BE RUNNING DAILY:
CAMOUFLAGE, RED LIGHT GREEN LIGHT, CRAZY TAXI, GUARDIANS OF THE
GALAXY, DODGEBALL, HOCKEY, BASKETBALL, SWITCH, FOXES & RABBITS,
ACROSS THE RIVER, BEAN BAG THROW, MUSICAL STATUES & CHAIRS, CAPTURE
THE FLAG, ARCHERY, BENCH BALL, 4 CORNERS, PARACHUTE WARS, SPONGE
THROW AT COACH, CHESS & MATCH THE SWITCH

HOURS:
FULL DAY ONLY FROM
8:30AM - 4:30PM

LOCATION:
HIGHLANDS SCHOOL,
WORLD ENDS LANE, N21 1QQ

INFO@BLANCOACTIVITIESLTD.COM | 07377403377 | WWW.BLANCOACTIVITIES.COM

SCAN ME TO
SIGN UP!



TUESDAY 28TH MAY

Water Splash Day

WEDNESDAY 29TH MAY

Blanco World Cup Football Tournament

THURSDAY 30TH MAY

PS5 Fifa Competition Day 1 & Table Tennis Tournament

(Full Day Ticket required for entry to both PS5 competitions)

FRIDAY 31ST MAY

**PS5 Fifa Competition Day 2 & Blanco's Very
Own Escape Room**

(Full Day Ticket required for entry to both PS5 competitions)

PS5 TO BE
WON!!

ARTS & CRAFTS
STATION
AVAILABLE ALL
WEEK

OTHER ACTIVITIES WE WILL BE RUNNING DAILY:
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THE FLAG, ARCHERY, BENCH BALL, 4 CORNERS, PARACHUTE WARS, SPONGE
THROW AT COACH, CHESS & MATCH THE SWITCH

SECONDARY SCHOOL INFORMATION



ST IGNATIUS
COLLEGE



OPEN EVENING

Tuesday **17 September 2024**

Join us at **6 PM**

Headteacher's speech at **7.15 PM**

SCAN THE QR
CODE TO BOOK
YOUR TICKETS



READY TO SET
THE WORLD ALIGHT

01992 717835
st-ignatius.enfield.sch.uk
Turkey Street, Enfield
Greater London EN1 4NP

Enfield Grammar
School

MUSIC SCHOLARSHIPS

Apply to audition for
Enfield Grammar School's Music Scholarship Programme.
If successful, you will receive:

- * Funded instrumental & music theory grade exams
- * Termly progress and achievement mentor meetings
- * Exclusive music trips and activities
- * Weekly music theory lessons
- * Premium access to our European music tour

**Apply by
8 October 2024**

www.enfieldgrammar.org
[admissions & scholarships](#)
[music dept](#)



Enfield Grammar
School

SPORTS SCHOLARSHIPS

**Apply by
8 October 2024**

www.enfieldgrammar.org
• [admissions & scholarships](#)
• [sports dept](#)



**Apply to try out for
Enfield Grammar School's
Sports Scholarship.**

If successful, you will receive:

- * Regular review meetings & support
- * Athlete mentor workshops
- * Exclusive sports trips and activities
- * Opportunity to work with younger pupils as coaches and officials
- * Early access to sports tours

AUTUMN TERM 2023
INSET DAY Friday 1 st September
School starts Monday 4 th September
HALF TERM 23 rd – 27 th October
INSET DAY Monday 30 th October
Term ends Tuesday 19 th December
INSET DAY Wednesday 20 th December

SPRING TERM 2024
INSET DAY Monday 8 th January
School starts Tuesday 9 th January
Half Term 12 th – 16 th February
Term ends Thursday 28 th March

SUMMER TERM 2024
School starts Monday 15 th April
May Bank Holiday Monday 6 th May
INSET DAY Friday 24 th May
Half Term 27 th – 31 st May
Whole School Sports Day Friday 21 st June
Term ends Wednesday 24 th July

Term Dates 2024 - 2025

AUTUMN TERM 2024
INSET DAYS Monday 2 nd September Tuesday 3 rd September
School starts Wednesday 4 th September
HALF TERM 28 th October – 1 st November
INSET DAY Monday 4 th November
Term ends Thursday 19 th December
INSET DAY Friday 20 th December

SPRING TERM 2025
School starts Monday 6 th January
Half Term 17 th – 21 st February
Term ends Friday 4 th April

SUMMER TERM 2025
School starts Tuesday 22 nd April
May Bank Holiday Monday 5 th May
Half Term 26 th – 30 th May
INSET DAY Monday 2 nd June
School Starts Tuesday 3 rd June
Whole School Sports Day TBA
Term ends Tuesday 22 nd July